

3.4. Nappy changing and toileting



Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

Procedures

- Our key persons have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Only staff members with Enhanced Disclosure and Barring Service (DBS) clearance will undertake nappy changing/toileting duties.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention.
- Each child has their own basket/drawstring bag to hand with their nappies or pull ups and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- The changing mat is wiped down with anti-bacterial wipes/spray after each nappy change.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- We do not make inappropriate comments about young children's genitals when changing their nappies
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.

- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- We ask parents to provide: wipes, nappies, change of clothes/undergarments, nappy cream (if appropriate).

Toileting

When a child is ready to make the transition from nappies/pull ups to pants, we work in collaboration with parents/carers to ensure a consistent approach. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of caring adults.

We ask parents/carers to provide:

- Change of clothes/undergarments
- Wet wipes
- Pull ups/Training pants

Procedures

- Children will have access to toilet/potty as and when they need them, not at set times and in line with parents/carers wishes as far as possible.
- Children will be encouraged to wash their hands after using the toilet/potty.
- Children will not be left in wet/soiled clothes. We have spare clothing if parents/carers have not supplied any.
- Soiled/wet clothing will be bagged and given to the parent/carer. We ask that any borrowed items are washed and returned ready for re-use.
- As children become more confident, they will be encouraged to manage their own personal hygiene independently.

Parental Responsibilities

At Tiddley Tots Nursery we work in partnership with parents and ask them to assist us by ensuring the following:

- Understand and agree the procedures that will be followed when their child is changed at nursery.
- Supply nappies, wipes and sundries that will be used and applied as necessary.
- Agree to change their child/children at the latest possible time before coming to school.
- Agree to inform the nursery should the child have any marks/rash.
- Agree to encourage the child's participation in toileting procedures wherever possible
- Agree to dress their child/children in appropriate clothing.